

# ASTARA LIGHT

Elevating Spiritual Consciousness

YOUR MONTHLY BLESSING

## JUNE BLESSING

“May you freely receive from the Source of All Life generous quantities of the qualities which will contribute to your progress. May both material and spiritual improvement attend your efforts in the world of the seen and the unseen.”



## AFFIRMING MEDITATION

As I attune my inner nature to the deeper dimensions of the Infinite, may I find inner serenity to balance the outer world of confusion. May I find understanding to cope with the problems of everyday life. -Robert Chaney

## A PRAYER OF POWER - FIRST DEGREE LESSON 2

Astara is gaining worldwide momentum again and we are thrilled so many are gathering to spread the teachings, join in study groups and be Divine Light magnets to all.

It is recommended in the Book of Life that before beginning your actual meditation that you prepare your mind with the following invocation which can be used for healing to to attune the mind for deeper concentration. This is especially recommended when several meditators gather together.

“Great Architect of the Universe, may I be a channel through which Thy Holy Ones approach the world. May I be a center for the radiation of Thy power. Teach me to travel light, that I may better gain the heights. Break the bonds that bind. Teach me to give myself entirely to Thy service, to attune myself to Thy will. Teach me to lay down the small personal life for the greater Cosmic Life, and to love with the love of God.”



## LIGHT STYLE



### CEDARWOOD CHAKRA BRACELET WITH METAL SPACERS - MEDIUM

Beads are larger than the small bracelet. There are seven main energy centers in our body located in a line aligned with the spine. It is believed that when the energy flows through all the chakras properly, our physical, mental and emotional bodies can heal and become balanced.

BUY NOW



### FULL MOON, OM MANI PADME HUM SINGING BOWL - NOTE D

Bowls vary slight in size. Note B bowls available as well. Uniquely tuned and hand etched with OM Mani Padme Hum symbol. Cushion and mallet included. Full Moon Bowls – Under the light of the full moon, Nepali bowl-making artisans and priests chant together inviting auspicious blessings.

BUY NOW

## HIGHLIGHTS: SPIRITUAL ACCELERATORS

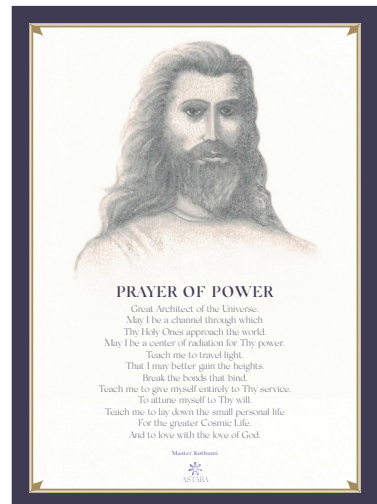


### BECOME AN ASTARA ANGEL (MONTHLY TITHE) DONOR

Help Astara with your gifts  
Click on the Donate Button

- Enter the amount you wish to donate
  - Check the box “make this a monthly donation”
  - Enter your credit or debit or paypal information
    - Congratulations!
- You are now an Astara Angel Donor
- You support book publishing, ministry, outreach, healings & free classes.

DONATE NOW

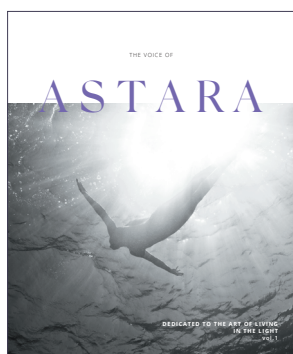


### MASTER KUTHUMI POSTER

Master Kuthumi Meditation poster now combined with the Prayer of Power this Image is based on the Astara Book of Life Master Kuthumi Photo and is a powerful meditation tool for Astara students. Master Kuthumi has faithfully devoted his efforts to channeling and teaching the Degree Lessons and guiding Earlyne Chaney's ministry.

ORDER NOW

## FOLLOW THE LIGHT: EVENTS



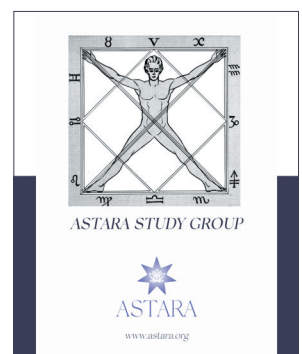
### THE VOICE OF ASTARA

The Voice of ASTARA is available digitally or via mail.



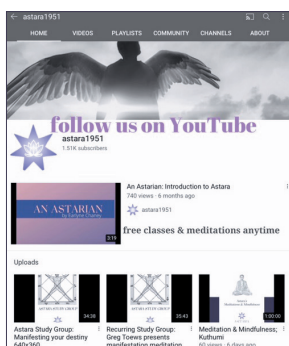
### THE ASTARA LIGHT NEWSLETTER

Astara Light, is the monthly blessing & digital bulletin for Astarians all over the world.



### ZOOM CLASSES

Participate in real time as Astara Reverends and Ministers conduct classes, study groups, meditations, healings and instructions via Zoom Meetings.



### YOUTUBE

All free classes are recording and put on the Astara Light 1951 YouTube Channel. It is free to subscribe.



### SHOP FOR A CAUSE

Shop in the Astara store for energized products that enhance your sacred living. Consciously curated items are ethically sourced and relate to living the teachings.

CLICK HERE TO CHECK OUR EVENTS ONLINE

Check out our website for all events at [Astara.org/events](https://www.astara.org/events)

SEEK THE LIGHT- [astara.org](https://www.astara.org)